MON TUE WED THU FRI B- WG Cereal, Peaches, Milk L- Chili, Cornbread, Mixed Vegetables, Apricots, Milk S- Lemon Berry Bites, Milk B- Cinnamon Raisin Toast, Tropical Fruit, Milk B- WG Cereal, Orange Slices, B- WG Cereal, Fruit Cocktail, B- WG Cereal, Bananas, Milk B- WG Bagel, Pears, Milk Milk L- Cheese Pizza, Spinach, Tropical Fruit, Milk L- Mac & Cheese with Ham, Applesauce, Peas, WG Roll, Milk L- Fish Sticks, French Fries, Green Beans, WG Roll, Milk L-Bean & Cheese Burrito. L- Steak Fingers, Tater Tots, Pears, Milk Pineapple, Corn, Milk S- Cinnamon Crackers, Apple S- Pretzel Goldfish, Yogurt S- Cheese stick, Wheat S- Banana Loaf, Fruit Cups Slices S- Pita & Hummus, Baby Crackers Carrots ------ 13 - —— 12 —— B- Banana Loaf, Applesauce, B- Breakfast Sandwich, Triangle B- WG Cereal, Mandrian B- WG Cereal, Apple Slices Potato, Milk Oranges, Milk L- Chicken & Cheese Taquito, Black Beans, Apricots, Milk L- Lasagna Roll Ups, Carrots, Green Beans, Breadstick, Milk L- Salsa Chicken, Black Beans, Fruit Cocktail, WG Tortilla, Milk L- Grilled Cheese, Tomato Soup, Green Beans, Milk S- Avocado Toast, Cheese S- Ritz w/ Cheese, Fruit Bar S-Pretzels, Cheese Sticks S- Yogurt, Granola Cubes 19 -20 -22 -B- Breakfast Pizza, Mixed B- WG Cereal, Cinnamon B- WG Bagels, Strawberries, Apples, Milk Berries, Milk B- WG Cereal, Apricots, Milk B- WG Cereal, Bananas, Milk L- Chicken Nuggets, Smiley Potatoes, Carrots, Milk L- Meatball Sub, Pineapple, Spinach, Milk L- Raviolis, Mixed Veggies, Peaches, Breadstick, Milk L- Turkey, Mashed Potatoes, Green Beans, WG Roll, Milk L- Beef Stew, Carrots, Applesauce, Cornbread, Milk S- Breadstick. Cheese Cubes S- Turkey and Cheese Roll ups, S- Wheat Crackers, Fruit Cup S-Dried Cranberries, Cinnamon S- Banana Loaf, Milk Bananas Crackers 28 B- WG Oatmeal, Apricots, Milk B- WG Cereal, Pineapples, Milk B- WG Cereal, Pears, Milk L- Turkey-Shaped Chicken Nuggets, French Fries, Fruit Cocktail, Milk L- Pancakes, Sausage Patty, Potato Cake, Cinnamon L- Cheese Breadstick, Tomato Soup, Peaches, Milk Applesauce, Milk S- Pumpkin Loaf, Applesauce S- Cinnamon Bread, Fruit Cup S- Fall Trail Mix. Fruit Bar Some foods may be substituted for toddlers *WG-Whole Grain Food Experience *Fall Trail Mix

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