

# DECEMBER



| MON  | TUE  | WED  | THU   | FRI  |
|--|--|--|---|--|
| <p>2</p> <p>B- Cereal, Peaches, Milk</p> <p>L- Cheeseburger, Tater Tots, Pears, Milk</p> <p>S- Banana Loaf, Fruit Cup</p>                                  | <p>3</p> <p>B- WG Bagels, Pineapple, Milk</p> <p>L- Chicken &amp; Cheese Taquitos, Black Beans, Apricots, Milk</p> <p>S- Avocado Toast, Cheese Cubes</p>             | <p>4</p> <p>B- WG Cereal, Applesauce, Milk</p> <p>L- Ravioli, Green Beans, Peaches, WG Breadstick, Milk</p> <p>S- Cottage Cheese, Fruit Cup</p>      | <p>5</p> <p>B-WG Pumpkin Loaf, Pears, Milk</p> <p>L- WG Cheese Breadstick, Tomato Soup, Fruit Cocktail, Milk</p> <p>S- Yogurt, Lemon Blueberry Crackers</p>       | <p>6</p> <p>B- WG Cereal, Apple Slices, Milk</p> <p>L-Sweet &amp; Sour Chicken, WG Rice, Peas &amp; Carrots, Corn, Milk</p> <p>S- WG Breadstick, Oranges</p> |
| <p>9</p> <p>B- WG Cereal, Apricots, Milk</p> <p>L-Beef Stew, Carrots, Applesauce, WG Corn Bread, Milk</p> <p>S- Banana Loaf, Milk</p>                      | <p>10</p> <p>B- Breakfast Sandwich, Potato Triangle, Milk</p> <p>L- Salsa Chicken, Black Beans, Corn, WG Tortilla, Milk</p> <p>S- Wheat Crackers, Fruit Bar</p>      | <p>11</p> <p>B- WG Cereal, Pineapple, Milk</p> <p>L Chicken Nuggets, Broccoli, Mashed Potatoes, WG Roll, Milk</p> <p>S- Breadstick, Cheese Cubes</p> | <p>12</p> <p>B-WG Cinnamon Raisin Toast, Pears, Milk</p> <p>L- Lasagna Roll Ups, Carrots, Green Beans, WG Breadstick, Milk</p> <p>S- Avocado Toast, Fruit Cup</p> | <p>13</p> <p>B- WG Cereal, Oranges, Milk</p> <p>L- Meatball Sub, Spinach, Fruit Cocktail, Milk</p> <p>S- Pumpkin Loaf, Applesauce</p>                        |
| <p>16</p> <p>B- WG Cereal, Peaches, Milk</p> <p>L- Chicken Nuggets, Smiley Potatoes, Carrots, WG Roll, Milk</p> <p>S- Graham Crackers, Milk</p>            | <p>17</p> <p>B- Breakfast Pizza, Pineapple, Milk</p> <p>L- WG Grilled Cheese, ABC Vegetable Soup, Pears, Milk</p> <p>S- Pretzel Goldfish, Cheese Stick</p>           | <p>18</p> <p>B- WG Cereal, Bananas, Milk</p> <p>L- Mac &amp; Cheese with Ham, Peas, Corn, WG Roll, Milk</p> <p>S- Apple Slices, Banana Loaf</p>      | <p>19</p> <p>B- Breakfast Burritos, Strawberries, Milk</p> <p>L- Chili, Mixed Vegetables, Tater Tots, WG Corn Bread, Milk</p> <p>S- Yogurt, WG Granola</p>        | <p>20</p> <p>B- WG Cereal, Apricots, Milk</p> <p>L- Bean &amp; Cheese Burrito, Green Beans, Peaches, Milk</p> <p>S- Melted Snowman Snack, Milk</p>           |
| <p>23</p> <p>B- WG Cereal, Apple Slices, Milk</p> <p>L- Chicken Sandwich, Pineapple, Sweet Potato Barrels, Milk</p> <p>S- Cheese Cubes, Wheat Crackers</p> | <p>24</p> <p>B- English Muffins, Yogurt, Milk</p> <p>L- Breakfast Burritos, Tater Tots, Mandarin Oranges, Milk</p> <p>S- Pumpkin Loaf, Milk</p>                      | <p>25</p> <p>26</p> <p>27</p> <p><b>WINTER Break!</b></p>  |   |  |
| <p>30</p> <p>B- WG Cereal, Peaches, Milk</p> <p>L- Hot Ham &amp; Cheese, Broccoli, Mashed Potatoes, Milk</p> <p>S- Pita &amp; Hummus, Milk</p>             | <p>31</p> <p>B- Yogurt Parfaits, Strawberries Milk</p> <p>L- Lasagna Roll Ups, Spinach, Fruit Cocktail, WG Breadstick, Milk</p> <p>S- Cheese Crackers, Fruit Bar</p> |  |   |  |

Some foods may be substituted for toddlers \*WG-Whole Grain Food Experience \*Melted Snowman Snack  
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